

# ENGAGING WITH YOUR TEAM



This document contains tools and resources that you may want to use during meetings to increase team member engagement.

## Ice Breakers & Warm-Ups

The following activities can be used as icebreakers and warm-ups. Time permitting, we recommend starting meetings with one of the following activities.

### THIS OR THAT

Would you rather questions (e.g., would you rather win \$100 or let your friend win \$1,000? – some other examples).

### HIGHS AND LOWS

Share one challenging thing from your week, one good thing from your week, and one thing you are looking forward to next week.

### DESERTED ISLAND

Everyone goes around the circle and shares who or what they would like to take with them on a deserted island if they could only pick three people or things.

### SNOWBALL "FIGHT"

Each student is given a piece of paper and told to write three facts about themselves. Then, tell them to wad the piece of paper and begin a snowball fight. When you think they have thrown enough, tell them to pick up the snowball closest to them, read the facts, and try to find out whose snowball they have by asking yes or no questions only. This works well for pairing up students for an activity or game.

## OFFICE CHARADES

Use silent gestures to describe an object commonly found in the classroom.

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## MINDFULNESS

Start the session with a five-minute meditation (many can be found on YouTube, [here](#) is an example).

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## ICEBREAKER Pictionary

Have the students draw a picture about something they like to do, their favorite food, or something else about themselves. Have each student come up and show their pictures to the class, and see if others can guess what each student drew.

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## DEAR FUTURE ME

Have students write a letter to their future self with their goals: where they'd like to be and what they want to be doing. Alternatively, have students write a letter to their past self, telling them something they would have wanted to know when they were younger (these letters will not be shared with the group).

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## VIRTUAL FIELD TRIP

Share your screen and take students on a tour of an art museum or the zoo. Check out a great list of tours [here](#).

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## GUESS THE SOUND

Play a sound and ask students to guess the object. [Here](#) is a great video to use.

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## WRITING WARM-UP

Have students answer a thought-provoking prompt as a quick writing warm-up. Students can write and share their responses. [Here](#) is an option for a random question generator.

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## GROUP AGREEMENTS

Ask students to write a group agreement discussed during the first meeting on a post-it note or piece of paper and display them during meetings.

## Learning in Action

There are many interactive tools that can help with student engagement. This technology encourages students to use their phones, tablets, or computers to participate, so it is important to ensure that all students have access to a device. Many of the tools allow for anonymous participation, which can facilitate discussions about sensitive topics. Think about incorporating these tools into your meetings, particularly if any meetings need to be conducted virtually. You may find the following tools to be helpful: [Mentimeter](#), [Sido](#), [Kahoot](#), [AhaSlides](#), [Quizizz](#), [Formstack](#), and [Google Forms](#).

## Videos

The Office for Victims of Crime has produced a series of videos with information about sex and labor trafficking, voices of survivors, and more. The videos are intended to be used for outreach and education efforts of service providers, law enforcement, prosecutors, and others in the community. They are accompanied by fact sheets and discussion guides; you can find all these resources [here](#).

We encourage you to consider showing videos during some of the meetings. The videos are relatively short and can be easily incorporated into discussions. Here are a few that will be most relevant to your audience:

- ▶ [Faces of Human Trafficking Preview](#)
- ▶ [Faces of Human Trafficking Video 1: An Introduction](#)
- ▶ [Faces of Human Trafficking Video 2: An Introduction to Sex Trafficking](#)
- ▶ [Faces of Human Trafficking Video 3: An Introduction to Labor Trafficking](#)
- ▶ [Faces of Human Trafficking Video 6: Focus on Youth](#)
- ▶ [Faces of Human Trafficking Video 9: Now That We Are Free](#)

Another video series that you can use was produced as part of the U.S. Department of Homeland Security's Blue Campaign. These animated videos show the grooming process and how concerned individuals should respond when they believe a person is being trafficked. We suggest showing Part 1 during the "Spotting Unsafe Behaviors" meeting and Part 4 during the "Gauging Community Risk" meeting; you may use the other videos as you see fit.

- ▶ [Part 1: Mia's Story](#)
- ▶ [Part 2: The Teacher](#)
- ▶ [Part 3: The Parent](#)
- ▶ [Part 4: The Friends](#)